

# Sanitizing Your Phone

## **How to Clean Your Phone Properly**

- Do not spray your phone with disinfectant as this can damage screen, ports, and coatings in place to protect you phone.
- Always refer to your owner's manual or manufacturer's website before cleaning to prevent any cleaning mishaps.

### **Cleaning Your Phone:**

- Turn off your phone and remove the case.
- Using a non-abrasive cleaning cloth or wipe with 70% isopropyl alcohol wipe down your phone.
  - o If phone cleansing wipes are not available, you can make a cleaning solution using ½ cup of distilled water and ½ cup of 70% isopropyl alcohol.
  - Do not spray your phone with the solution: mist a non-abrasive towel to use to clean your phone.
  - Please note the towel and or wipe should not be soaking wet.
- Gently wipe down your phone.
- Clean your phone case and allow 15 minutes for your phone and case to dry before placing your phone back in the case.
- Clean your accessories using a wipe or misted towel.
  - o Be sure the accessories are dry before you use them again.

#### **How Often Should This Occur?**

 Clean your phone at least once a day, between person to person use, and as needed if exposed to contamination.

## **Additional Tips:**

- To help protect your smartphone, place your phone inside of a zip-top bag before entering the home, then discard the bag after the visit.
- A stylus can be covered using a thermometer cover: place cover over the stylus before the visit and discard after the visit.

https://health.clevelandclinic.org/sanitize-your-mobile-phone-with-these-helpful-tips/